

Build. Explore. Connect.

Minecraft Groups for Pre-Teens & Teens

Small groups. Big connections. For young people aged 9-17

Minecraft isn't just a game. It's a world where young people build, problem-solve, collaborate, and express themselves.

At Playroom Therapy, we're harnessing the power of this platform to create a safe, supported group experience for pre-teens and teens.

Led by our qualified therapists, these small group sessions use Minecraft as a medium for connection, communication, and wellbeing. Whether your young person loves the game or is simply curious, our groups offer a relaxed and engaging space to:

- Build confidence and social connection
- Develop teamwork and communication skills
- Explore creativity and problem-solving
- Experience the therapeutic benefits of play in a format they love

Group Options

- **Term Groups:** Regular sessions across the school term, offering consistency and the chance to build meaningful connections over time.
- **Intensive Groups:** Offered during school holidays, providing a concentrated burst of supported play and connection.

Groups are small by design, with a low therapist-to-participant ratio to ensure every young person feels seen and supported.

Interested or want to know more?

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Expressions of interest
are now open.

Reach out to find out
when our next group
is starting.

