



The Medication Portrait

Who this patient is as a prescribing subject - right now

The Medication Portrait is a forward-facing clinical document. Where the Legacy Report looks backwards through a patient's medication history, the Medication Portrait looks forwards - capturing who this patient is as a prescribing subject right now, in a way that is useful to every clinician who treats them going forward.

It is built from the patient interview, the records review, and Penny's clinical interpretation. It is not a summary of history. It is a living clinical document.

NOT A HISTORY. A PICTURE.

Every time a patient changes prescribers, the same story gets retold - imperfectly, incompletely, and under time pressure. The new prescriber starts from scratch. The patient re-explains. Important details get lost. Mistakes get repeated.

The Medication Portrait breaks that cycle. It gives every future clinician the benefit of the deep work already done - without replacing clinical judgement. It informs it.

WHAT THE MEDICATION PORTRAIT CONTAINS

- **Patient factors and beliefs** What this person genuinely thinks and feels about medication - their fears, their hopes, what they trust, what they have been told that has stayed with them. This is the information that determines whether a prescription gets filled and taken, and whether the therapeutic alliance holds.

- **Practical traps - specific to this patient** The things that will derail treatment if not planned for. Documented clearly so they can be addressed rather than discovered mid-trial.

Examples of practical traps

- History of severe constipation and faecal impaction - any medication with constipating effects needs a bowel management plan from day one
- Family history of bipolar affective disorder - antidepressant prescribing requires explicit manic switch discussion and a clear monitoring plan
- Apparent failed trial of fluoxetine - on review an inadequate trial at low dose for six weeks; potentially re-triallable with proper parameters and patient re-education
- Difficulty remembering tablets - strategies already in place: phone alarms, blister packs, family support. New prescriber builds on what works.

- **Sensitivities and intolerances** Documented side effect sensitivities, prior adverse events, things the patient finds intolerable. The difference between a documented intolerance and a pseudo-intolerance is examined where relevant.

- **Supports already in place** What the patient already does to help themselves with medication - the routines, the people, the tools. A new prescriber builds on existing structure rather than starting from scratch.

- **Coaching given and resources linked** Any coaching or education provided during the review that is relevant going forward - documented so the patient does not have to receive it again from a new clinician, and so the treating team knows what work has already been done.

- **Prescribing guide for future clinicians** A section written explicitly for whoever next treats this person. What to know before prescribing. What to ask. What to watch for. What this patient has told us about what works and what does not.

WHAT IT GIVES YOU, PRACTICALLY



FOR THIS PRESCRIBER

- Walk into appointments already holding the patient's treatment story
- The therapeutic alliance starts on firmer ground - the patient has been properly heard
- Documented patient factors to support your prescribing decisions
- Clinical reasoning that is visible and referenced
- Protection against repeating what has already failed

FOR FUTURE CLINICIANS

- Travels with the patient - useful to every prescriber going forward
- Can be updated as treatment evolves - a living document, not a fixed snapshot
- Shared with other treating clinicians with patient consent
- Reduces the retelling burden on the patient at every new relationship
- Documents what coaching and education has already been provided

RELATIONSHIP TO THE LEGACY REVIEW

The Medication Portrait is one of two outputs of the Legacy Review. The other is the Legacy Report - a reconciled medication history, treatment failure analysis, and patient-specific risk profile.

They are designed to work together. The Report excavates the history. The Portrait synthesises what it means going forward. Together they form the complete Legacy Review package.

The Medication Portrait can be commissioned as part of a full Legacy Review, or separately where a patient has a shorter history and the focus is on building a forward-facing clinical picture rather than a full historical reconstruction.

CAN THE MEDICATION PORTRAIT BE UPDATED?

Yes - and this is one of its most important features. As treatment progresses, as new information emerges, or as the patient's circumstances change, the Portrait can be updated through a follow-up session. It remains clinically current and useful rather than becoming a snapshot that ages out of relevance.

PRICING AND SCOPE

The Medication Portrait is a bespoke service. Scope and pricing are agreed before any work begins.

It can be commissioned as part of a full Legacy Review package, or as a standalone service. Where a Legacy Review has already been completed, the Portrait can be updated separately as circumstances change.

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